



BREAKFAST BAR

FAMOUS EGGS BENEDICTS

SOURDOUGH MUFFINS, POACHED EGGS AND HOMEMADE HOLLANDAISE SAUCE COMES WITH YOUR CHOICE OF SIDE

**BENNY'S WITH A STAR ARE NOT SERVED ON A MUFFIN
SUB GLUTEN FREE BREAD ADD \$2**

SKIP THE CARBS! SUB A JONES SAUSAGE PATTI ADD \$3, AVOCADO \$3, TOMATO \$1

ALBERTAN	SHAVED TENDERLOIN, MUSHROOMS, ONION	\$17.9
☆ AVOCADO TOAST	CRUSHED AVOCADO, RED PEPPER, GOAT CHEESE, RYE TOAST	\$16
BEEF BACON	BEEF BACON STRIPS, SWEET PICKLES, HONEY MUSTARD	\$16
CALIFORNIA	SPINACH, TOMATO, GUACAMOLE	\$16
GREEK	GOAT CHEESE, BLACK OLIVES, RED ONION, TOMATO, SPINACH	\$16
ITALIA	PROSCUITTO, MOZZARELLA	\$16
LOBSTER	LOBSTER TAIL	\$18.9
☆ MAC N CHEESE	CHEESY MACARONI, BACON	\$15
☆ MONTE CRISTO	BRIOCHE FRENCH TOAST, TURKEY, HAM, SWISS	\$17.9
MONTREAL	MONTREAL SMOKED MEAT, SWISS CHEESE, DIJON	\$16
☆ PEROGIE	PEROGIES TOPPED WITH BACON, RED ONION	\$16
☆ SAVORY	BACON WAFFLE, MELTED CHEDDAR	\$16
SURF & TURF	LOBSTER TAIL, SHAVED TENDERLOIN	\$19.9
TRADITIONAL	CANADIAN BACK BACON, MELTED CHEDDAR	\$16
1/2 TRADITIONAL	FOR SMALLER APPETITES	\$10
☆ WAFFLE & FRIED CHICKEN	WAFFLE, HOME MADE BREADED CHICKEN	\$17
WEST COAST	SMOKED SALMON, CAPERS, RED ONION	\$18.9

BREAKFAST

**SERVED WITH YOUR CHOICE OF TWO SIDES
SUB GLUTEN FREE BREAD \$2 BEEF BACON \$2**

JOHN WAYNE BREAKFAST	\$18.5
ALBERTA PRIME CENTRE CUT SIRLOIN, SERVED WITH 2 EXTRA LARGE EGGS AND BENNY'S COWBOY BAKED BEANS OR BENNY'S BEETS	
ELVIS PRESLEY BREAKFAST	\$17.9
3 EXTRA LARGE EGGS, BACON, TOUPIE HAM, SPOLUMBO CHORIZO SAUSAGE, JONES SAUSAGE PATTIES	
MARILYN MONROE BREAKFAST	\$12.5
2 EXTRA LARGE EGGS AND YOUR CHOICE OF BACON, TOUPIE HAM, SPOLUMBO CHORIZO SAUSAGE OR JONES SAUSAGE PATTIES	
THE ESP	\$15.5
SPOLUMBO CHORIZO SAUSAGE, 2 EXTRA LARGE EGGS, BITE SIZE CHEDDAR AND POTATO PEROGIES COOKED WITH RED ONION AND BACON	

BOWLS

**SERVED WITH YOUR CHOICE OF SIDE
MAKE IT WITH PEROGIES ADD \$3**

BENNY'S BREAKFAST BOWL	\$15.9
BACON, SPOLUMBO SAUSAGE, HAM, ROASTED RED PEPPERS, MUSHROOMS, RED ONIONS, ROASTED RED POTATOES AND MELTED CHEDDAR CHEESE TOPPED WITH TWO POACHED EGGS AND BENNY'S HOLLANDAISE SAUCE	
MONTREAL SMOKED MEAT HASH	\$15.9
MONTREAL SMOKED MEAT AND RED ONIONS COOKED WITH ROASTED RED POTATOES TOPPED WITH 2 EGGS COOKED HOW YOU LIKE	

SWEET DELIGHTS

SCOOP OF ICE CREAM ADD \$2

**FLAVOURED WITH CINNAMON AND VANILLA
TOPPED WITH MAPLE WHIP CREAM AND
STRAWBERRIES
DRIZZLED WITH CHOCOLATE AND CARAMEL SAUCE**

BACON WAFFLE	\$15
WAFFLES STUFFED WITH BACON	
WAFFLES	\$12
WAFFLES	
FRENCH TOAST	\$12
STACKED BRIOCHE FRENCH TOAST	
RAISIN BREAD FRENCH TOAST	\$12
RAISIN BREAD FLAVOURED FRENCH TOAST	
PANCAKES	\$12
FLUFFY PANCAKES	

**UPGRADE ANY SWEET DELIGHT TO CAMPFIRE:
TOP WITH GRAHAM WAFFERS, CHOCOLATE, CARAMEL
SAUCE AND TOASTED MARSHMALLOWS ADD \$3**

LUNCH

**SERVED WITH YOUR CHOICE OF SIDE
SUB GLUTEN FREE BREAD \$2 BEEF BACON \$2**

BENNY BURGER	\$17.9
BACON, PASTRAMI, CHEDDAR, SWISS, MUSHROOMS AND A FRIED EGG ON TOP. SERVED WITH FRESH TOMATO, RED ONION, SPRING MIX, PICKLE AND MAYONNAISE ON A BRIOCHE BUN	
ROUTE 66 BURGER	\$14.5
CHEDDAR, MOZZARELLA AND SWISS CHEESE. SERVED WITH FRESH TOMATO, RED ONION, SPRING MIX, PICKLE AND MAYONNAISE ON A BRIOCHE BUN	
CRISPY CHICKEN	\$16
HOME MADE BREADED CHICKEN TOPPED WITH COLESLAW AND CHIPOTLE MAYONNAISE ON A BRIOCHE BUN	
SPICY CHICKEN WRAP	\$15
HOME MADE BREADED CHICKEN TOSSED IN HOT SAUCE, CHEESE, ROASTED RED PEPPERS, BANANA PEPPERS, TOMATOS AND SPRING MIX WITH RANCH DRESSING WRAPPED IN A FLOUR TORTILLA	
REUBEN	\$16
MONTREAL SMOKED MEAT, SAUERKRAUT, SWISS CHEESE AND DIJON MUSTARD BETWEEN MARBLE RYE BREAD BENNY SIZE REUBEN ADD \$3	
BEEF DIP	\$17
ALBERTA AAA TENDERLOIN SAUTEED, TOPPED WITH SWISS CHEESE SERVED ON A CIABATTA BAGUETTE OR MAKE IT INTO A WRAP. SERVED WITH GRAVY FOR DIPPING BENNY SIZE BEEF DIP ADD \$3	
GRILLED CHEESE	\$12
TOUPIE HAM, CHEDDAR, MOZZARELLA AND FRESH TOMATOES GRILLED BETWEEN THE BREAD OF YOUR CHOICE	
BLT	\$14
DOUBLE SMOKED BACON, CHEDDAR CHEESE, TOMATO, SPRING MIX AND MAYONNAISE BETWEEN THE TOASTED BREAD OF YOUR CHOICE OR MAKE IT INTO A WRAP	
BENNY CLUB	\$16.9
TURKEY BREST, DOUBLE SMOKED BACON, CHEDDAR CHEESE, TOMATO, SPRING MIX AND MAYONNAISE LAYERED BETWEEN THE BREAD OF YOUR CHOICE OR MAKE IT INTO A WRAP	

OMELETTES

SERVED WITH YOUR CHOICE OF 2 SIDES

PHILLIPS 66	\$14
TOUPIE HAM, SAUTÉED MUSHROOMS, CHEDDAR AND MOZZARELLA CHEESE	
TEXACO	\$15
AVOCADO, GOAT CHEESE, GRAPE TOMATOES, SPINACH	
SHELL PREMIUM	\$16
SPOLUMBO SAUSAGE, TOUPIE HAM, BACON, CHEDDAR AND MOZZARELLA CHEESE	

SIDE CHOICES: RED POTATO HASHBROWNS, TOAST, FRUIT CUP, YOGURT CUP, HOUSE SALAD, TOMATO SLICES, COLESLAW
UPGRADES: PEROGIES \$3, HASH POUTINE \$3, SOUP \$2, BEET SALAD \$2

MAKE IT QUICK

BACON BUTTY	\$7
A UK CLASSIC! A BUTTERED BRIOCHE BUN, PILED HIGH WITH SMOKED BACON, TOPPED WITH BROWN SAUCE	
B.E.L.T.C	\$7
BACON, EGG, LETTUCE, SPRING MIX AND CHEDDAR SERVED ON A TOASTED BAGEL	
BREAKFAST WRAP	\$6
EGGS, SPOLUMBO, BACON, HAM, ROASTED RED PEPPER, BANANA PEPPERS, RED ONION, MUSHROOMS, AND CHEDDAR CHEESE SCRAMBLED TOGETHER WITH SALSA AND WRAPPED IN A FLOUR TORTILLA	
EGG MCBENNY	\$6
FRIED EGG, CHEDDAR CHEESE WITH BACON, HAM OR SAUSAGE ON AN ENGLISH MUFFIN	
LOX & BAGEL	\$8
SMOKED WEST COAST SALMON, CREAM CHEESE, RED ONION AND CAPERS ON A FRESH BAKED BAGEL	
OATMEAL	\$5
STEEL CUT OATS TOPPED WITH STRAWBERRIES	
GRANOLA & YOGURT	\$5
TOPPED WITH STRAWBERRIES	

SMALL BITES

LIL' ABNER BREAKFAST	\$7
EGG, HAM, BACON OR JONES SAUSAGE PATTI, HASH BROWNS AND TOAST	
PANCAKE	\$7
GLUTEN FREE PANCAKE. FLAVOURED WITH CINNAMON AND VANILLA	
WAFFLE	\$6
GLUTEN FREE WAFFLE. FLAVOURED WITH CINNAMON AND VANILLA	
FRENCH TOAST	\$6
FRENCH TOAST FLAVOURED WITH CINNAMON AND VANILLA	
RAISIN BREAD FRENCH TOAST	\$7
FRENCH TOAST FLAVOURED WITH CINNAMON AND VANILLA	
CHEESE QUESADILLA	\$7
SERVED WITH SALSA AND SOUR CREAM	
MAC N' CHEESE	\$7
THE CHEESIEST MAC N' CHEESE EVER	
CHICKEN FINGERS	\$8
SERVED WITH HASH BROWNS OR HOUSE SALAD	
GRILLED CHEESE	\$7
SERVED WITH HASH BROWNS OR HOUSE SALAD	

SOUPS N' SALADS

BEET SALAD	\$15
SLICED TURKEY BREAST, BENNYS PICKLED BEETS, GOAT CHEESE, GRAPE TOMATOES AND SUGARED PECANS ON SPRING MIX WITH YOUR CHOICE OF DRESSING	
BENNYS SALAD	\$15
SLICED TURKEY BREAST, JULIENNED TOUPIE HAM, POACHED HARD EGG, CHEDDAR CHEESE, MOZZARELLA CHEESE, CUCUMBER AND GRAPE TOMATOES ON SPRING MIX WITH YOUR CHOICE OF DRESSING	
BREAKFAST SALAD	\$15
SPINACH, SHREDDED CHEESE, BACON, SPOLUMBO, HAM, ROASTED RED PEPPER, MUSHROOMS, AND RED ONION TOPPED WITH TWO POACHED EGGS AND HOLLANDAISE SAUCE	
SOUP	\$7
HOME MADE SOUP, ASK YOUR SERVER FOR THE FLAVOUR OF THE DAY, SERVED WITH AN ITALIAN BUN	

POUTINES & FRIES

BREAKFAST POUTINE	\$10
RED POTATO HASHBROWNS AND BACON, LAYERED WITH MELTED CHEDDAR CHEESE, TOPPED WITH 2 POACHED EGGS AND BENNYS HOLLANDAISE SAUCE	
HASH POUTINE	\$10
RED POTATO HASHBROWNS, CHEESE CURDS, BENNYS RICH BEEF GRAVY	
PEROGIE POUTINE	\$10
BITE SIZED PEROGIES SAUTEED WITH BACON AND RED ONIONS, TOPPED WITH MELTED CHEDDAR CHEESE AND 2 POACHED EGGS, SERVED WITH SOUR CREAM	

SIDES

- ADD MIXED CHEESE, GOAT CHEESE, OR CHEESE CURDS \$2

CHEESE TOAST	\$4	BENNYS COWBOY BAKED BEANS	\$3
BACON	\$4	BENNYS HOLLANDALSE SAUCE	\$1
BEEF BACON	\$5.5	BENNYS BEEF GRAVY	\$1
JONES SAUSAGE PATTI	\$4	SALSA OR SOUR CREAM	\$1
SPOLUMBO CHORIZO SAUSAGE	\$4	SLICED TOMATO	\$2
TOUPIE HAM	\$4	MAYO	\$1
BENNYS PICKLED BEETS	\$2	GUACAMOLE	\$2
HASHBROWNS	\$4	AVOCADO	\$3

BEVERAGES

GLASS BOTTLED POP (PER BOTTLE)	\$3
COKE	DAD'S ROOTBEER
DIET COKE	JONES ORANGE
SPRITE	CLUB SODA
CANADA DRY GINGER ALE	
JUICE	\$3.5
ORANGE	CLAMATO
APPLE	TOMATO
CRANBERRY	LEMONADE
GRAPEFRUIT	CITRUS PEACH
PINEAPPLE	
ICED TEA	\$3.5
HOT CHOCOLATE	\$5
WHIP CREAM, TOASTED MARSHMALLOW	
MILK	\$4
CHOCOLATE MILK	\$4
KIDS DRINK	\$1
JUICE, MILK, CHOCOLATE MILK	

COFFEE & TEA

LATTE	\$4
FRENCH VANILLA CAPPUCCINO	\$4
MOCHA	\$4
ICED COFFEE	\$4
ICED COSTA RICAN COFFEE WITH FRENCH VANILLA CREAM	
COFFEE	\$3.5
BOTTOMLESS - LOCALLY ROASTED, ORGANIC COSTA RICAN FREE TRADE COFFEE	
TEA	\$3.5
EARL GREY LAVENDER, ENGLISH BREAKFAST, GREEN, SOUTHERN MINT, GOLDEN CHAMOMILE, BOMBAY CHAI	

EXTRA TEA BAG \$1.50

FIND US ON SOCIAL!

 @BENNYSBREAKFASTBAR

 @BENNYSBREAKFASTBAR

#BENNYSBREAKFASTBAR

ADULT BEVERAGES

AGLC PROHIBITS THE SALE OF ALCOHOL BEFORE 10:00AM

MIMOSA	\$8
(9OZ) PROSECCO WITH YOUR CHOICE OF ORANGE, LEMONADE, RED GRAPEFRUIT, PINEAPPLE OR CRANBERRY JUICE	
DOMESTIC BEER	\$5
(355ML) BUD LITE, KOKANEE	
LOCAL CRAFT BEER	\$6
(355ML) ROTATING FEATURE	
SUNSHINE LEMONADE	\$5
(10Z) VODKA, LEMONADE	
SCREWDRIVER	\$5
(10Z) VODKA, ORANGE JUICE	
MORNING CAESAR	\$8
(10Z) VODKA, CLAMATO, AND SPICES WITH A PEPPERONI STICK, SPICY BEAN, PICKLE	
ICED COFFEE AND BAILEYS	\$8
(2OZ) BAILEYS WITH ICED COSTA RICAN COFFEE, FRENCH VANILLA CREAM	
HOT CHOCOLATE & BAILEYS	\$8
(10Z) TOPPED WITH WHIP CREAM, TOASTED MARSHMALLOW	
BENNYS COFFEE	\$9
(2OZ) BAILEYS WITH BENNYS COSTA RICA COFFEE TOPPED WITH WHIP CREAM	

DESSERTS

MADE FROM PREMIUM, GLUTEN-FREE ICE CREAM, BENNYS GLUTEN FREE SYRUPS AND TOPPED WITH HOMEMADE WHIP CREAM.

MILKSHAKE	\$6
CHOCOLATE SEA SALT CARAMEL STRAWBERRY VANILLA	
ICE CREAM FLOAT	\$6
COKE ROOTBEER ORANGE	
BOWL OF ICE CREAM	\$4



ADULT MILKSHAKE (2 OZ)	\$9
VANILLA WITH FIREBALL SEA SALT CARAMEL WITH BUTTERRIPPLE SCHNAPPS CHOCOLATE WITH BAILEYS STRAWBERRY WITH CANADIAN MAPLE RYE	

WWW.BENNYSBREAKFASTBAR.CA