



BENNY'S

BREAKFAST BAR

SIDES

RED POTATO HASHBROWNS
TOAST
FRUIT CUP
HOUSE SALAD
YOGURT CUP
COTTAGE CHEESE

UPGRADES (3.5)

PEROGIES
(WITH BACON AND ONIONS)
HASH POUTINE
BEET SALAD

MEATS (4.5)

THICK SLICED BACON (3 SLICES)
HAM (2 SLICES)
CHORIZO SAUSAGE (1)
CHICKEN & APRICOT SAUSAGE (3)
PORK & BACON SAUSAGE (3)
BEYOND MEAT SAUSAGE (2)

EGGS BENEDICT

WITH TWO EGGS AND BENNY'S HOLLANDAISE. INCLUDES ONE SIDE

ALBERTAN	SHAVED TENDERLOIN, MUSHROOMS, ONION SERVED ON A GF BENNY MUFFIN OR ENGLISH MUFFIN	\$18
AVOCADO TOAST	CRUSHED AVOCADO, RED PEPPER, GOAT CHEESE SERVED ON MARBLE RYE TOAST	\$17
CALIFORNIA	SPINACH, TOMATO, CRUSHED AVOCADO SERVED ON A GF BENNY MUFFIN OR ENGLISH MUFFIN	\$17
ITALIA	PROSCIUTTO, SWISS CHEESE SERVED ON A GF BENNY MUFFIN OR ENGLISH MUFFIN	\$17
LATKE	THICK CUT BACON, CHEDDAR CHEESE SERVED ON A LATKE	\$17
MAC N CHEESE	CHEESE, BACON SERVED ON CHEESY MACARONI	\$16
MONTE CRISTO	TURKEY, HAM, SWISS SERVED ON BRIOCHE FRENCH TOAST	\$18
MONTREAL	MONTREAL SMOKED MEAT, SWISS CHEESE, DIJON SERVED ON A GF BENNY MUFFIN OR ENGLISH MUFFIN	\$17
PEROGIE	BACON, ONION SERVED ON A PILE OF PEROGIES	\$17
REUBEN	MONTREAL SMOKED MEAT, SWISS CHEESE, SAUERKRAUT, DIJON SERVED ON MARBLE RYE TOAST	\$17
TRADITIONAL	CANADIAN BACK BACON, MELTED CHEDDAR SERVED ON A GF BENNY MUFFIN OR ENGLISH MUFFIN	\$17
1/2 TRADITIONAL	FOR SMALLER APPETITES SERVED ON A GF BENNY MUFFIN OR ENGLISH MUFFIN	\$11
WAFFLE & CHICKEN	HOMEMADE BREADED FRIED CHICKEN SERVED ON A VANILLA FLAVOURED WAFFLE	\$18
LOX & BAGEL	SMOKED SALMON, CAPERS, ONION, CREAM CHEESE SERVED ON A GF BAGEL OR REGULAR BAGEL	\$19

BREAKFAST

EGGS COOKED HOW YOU LIKE, CHOICE OF MEAT,
CHOICE OF SIDE

LIL' ABNER	1 EXTRA LARGE EGG, HASHBROWNS, YOUR CHOICE OF 1 MEAT AND 1 SIDE	\$10
MARILYN MONROE	2 EXTRA LARGE EGGS, HASHBROWNS, YOUR CHOICE OF 2 MEATS AND 1 SIDE	\$15
ELVIS PRESLEY	3 EXTRA LARGE EGGS, HASHBROWNS, YOUR CHOICE OF 3 MEATS AND 1 SIDE	\$19
PEROGIE BREAKFAST	2 EXTRA LARGE EGGS AND BITE SIZE CHEDDAR AND POTATO PEROGIES COOKED WITH BACON AND ONION WITH YOUR CHOICE OF 2 MEATS AND 1 SIDE	\$17

MAKE YOUR BENNY CARB-FREE! SUB TOMATOES OR UPGRADE TO CRUSHED AVOCADO FOR \$3

ALMOST ANYTHING CAN BE MADE GLUTEN-FREE! ASK YOUR SERVER.

PLEASE LET US KNOW ABOUT ANY ALLERGIES OR PREFERENCES.

SUBSTITUTIONS MAY BE SUBJECT TO AN EXTRA CHARGE.



BENNY'S

BREAKFAST BAR

LUNCH

INCLUDES ONE SIDE

BENNY BURGER \$18

8 OZ ALBERTA BEEF PATTY, BACON, PASTRAMI, CHEDDAR, SWISS, MUSHROOMS WITH A FRIED EGG ON TOP. SERVED WITH FRESH TOMATOES, ONION, SPRING MIX, PICKLE AND MAYONNAISE ON A BRIOCHE BUN

ROUTE 66 BURGER \$15

8 OZ ALBERTA BEEF PATTY, CHEDDAR AND SWISS CHEESE. SERVED WITH FRESH TOMATOES, ONION, SPRING MIX, PICKLE AND MAYONNAISE ON A BRIOCHE BUN

REUBEN \$16

MONTREAL SMOKED MEAT, SAUERKRAUT, SWISS CHEESE AND DIJON MUSTARD BETWEEN MARBLE RYE BREAD

BENNY SIZE REUBEN ADD \$3

BEEF DIP \$18

ALBERTA AAA TENDERLOIN TOPPED WITH SWISS CHEESE SERVED ON GRILLED SOURDOUGH OR MAKE IT INTO A WRAP. SERVED WITH GRAVY FOR DIPPING

BENNY SIZE BEEF DIP ADD \$4

BENNY CLUB \$17

TURKEY BREAST, DOUBLE SMOKED BACON, CHEDDAR CHEESE, TOMATOES, SPRING MIX AND MAYONNAISE SERVED ON SOURDOUGH BREAD OR MAKE IT INTO A WRAP

B.E.L.T.C \$16

BACON, EGG, LETTUCE, TOMATO, SPRING MIX, CHEDDAR AND MAYONNAISE SERVED ON GRILLED SOURDOUGH

SALADS

BEET SALAD \$15

SLICED TURKEY BREAST, BENNY'S PICKLED BEETS, GOAT CHEESE, ROMA TOMATOES AND SUGARED PECANS ON SPRING MIX WITH YOUR CHOICE OF DRESSING
*VEGAN OR MEATLESS OPTION AVAILABLE

BENNY'S SALAD \$15

SLICED TURKEY BREAST, JULIENNED HAM, POACHED HARD EGG, CHEDDAR CHEESE, MOZZARELLA CHEESE, CUCUMBER AND ROMA TOMATOES ON SPRING MIX WITH YOUR CHOICE OF DRESSING *VEGAN OR MEATLESS OPTION AVAILABLE

OMLETTES

INCLUDES ONE SIDE

PHILLIPS 66 \$14

HAM, MUSHROOMS, CHEDDAR AND MOZZARELLA CHEESE

TEXACO \$15

CRUSHED AVOCADO, GOAT CHEESE, ROMA TOMATOES, SPINACH

GULF SUPREME \$16

CHORIZO SAUSAGE, HAM, BACON, CHEDDAR AND MOZZARELLA CHEESE, MUSHROOMS, ONIONS AND ROASTED RED PEPPERS

SIDES

RED POTATO HASHBROWNS
TOAST
FRUIT CUP
HOUSE SALAD
YOGURT CUP
COTTAGE CHEESE

UPGRADES (3.5)

PEROGIES
(WITH BACON AND ONIONS)
HASH POUTINE
BEET SALAD

MEATS (4.5)

THICK SLICED BACON (3 SLICES)
HAM (2 SLICES)
CHORIZO SAUSAGE (1)
CHICKEN & APRICOT SAUSAGE (3)
PORK & BACON SAUSAGE (3)
BEYOND MEAT SAUSAGE (2)

SMALL BITES

FOR SMALLER APPETITES

MAC 'N' CHEESE \$8

THE CHEESIEST MAC 'N' CHEESE EVER

CHICKEN FINGERS \$8

SERVED WITH HASHBROWNS OR HOUSE SALAD

BACON BUTTY \$8

A UK CLASSIC! A BUTTERED BRIOCHE BUN, PILED HIGH WITH SMOKED BACON, TOPPED WITH BROWN SAUCE

BREAKFAST WRAP \$8

EGGS, CHORIZO SAUSAGE, BACON, HAM, ROASTED RED PEPPER, BANANA PEPPERS, ONION, MUSHROOMS, AND CHEDDAR CHEESE SCRAMBLED TOGETHER WITH SALSA, WRAPPED IN A FLOUR TORTILLA

LOX & BAGEL \$9

SMOKED WEST COAST SALMON, CREAM CHEESE, ONION AND CAPERS ON A FRESH BAKED BAGEL

SWEET DELIGHTS

TOPPED WITH MAPLE WHIPPED CREAM AND FRESH STRAWBERRIES
DRIZZLED WITH CHOCOLATE AND CARAMEL SAUCE
DUSTED WITH CINNAMON SUGAR

WAFFLE \$8

VANILLA FLAVOURED WAFFLE
MAKE IT STUFFED WITH BACON ADD \$2

BENNY CAKES \$8

SIX FLUFFY BREAKFAST CAKES FLAVOURED WITH VANILLA

FRENCH TOAST \$8

BRIOCHE FRENCH TOAST FLAVOURED WITH VANILLA

BOWLS

MADE ON RED POTATO HASHBROWNS | UPGRADE TO PEROGIES \$3.5
INCLUDES ONE SIDE

BENNY'S BREAKFAST BOWL \$17

BACON, SAUSAGE, HAM, ROASTED RED PEPPERS, MUSHROOMS, ONIONS, AND MELTED CHEDDAR CHEESE TOPPED WITH TWO POACHED EGGS AND BENNY'S HOLLANDAISE SAUCE

MONTREAL SMOKED MEAT HASH \$17

MONTREAL SMOKED MEAT AND ONIONS TOPPED WITH 2 EGGS COOKED HOW YOU LIKE

POUTINES

BREAKFAST POUTINE \$11

RED POTATO HASHBROWNS, BACON, MELTED CHEDDAR CHEESE, TOPPED WITH 2 POACHED EGGS AND BENNY'S HOLLANDAISE SAUCE

HASH POUTINE \$11

RED POTATO HASHBROWNS, CHEESE CURDS, BENNY'S RICH BEEF GRAVY

PEROGIE POUTINE \$11

BITE SIZED PEROGIES WITH BACON AND ONIONS, TOPPED WITH MELTED CHEDDAR CHEESE AND 2 POACHED EGGS, SERVED WITH SOUR CREAM