

EGGS BENEDICT

TWO EGGS POACHED MEDIUM, TOPPED WITH BENNYS HOLLANDAISE INCLUDES ONE SIDE

ALBERTAN 21

SLOW COOKED WAGYU BEEF, MUSHROOM, WHITE ONION, SWISS CHEESE ON AN ENGLISH MUFFIN

AVOCADO 18

CRUSHED AVOCADO, BELL PEPPER, GOAT CHEESE ON AN ENGLISH MUFFIN **ADD BACON +4**

CALIFORNIA 18

SPINACH, ROMA TOMATO, CRUSHED AVOCADO ON AN ENGLISH MUFFIN **ADD BACON +4**

LATKE 18

THICK CUT BACON, CHEDDAR CHEESE ON BACON AND WHITE ONION INFUSED POTATO LATKES

MAC 'N CHEESE 18

REAL BACON BITS, HOMEMADE CHEDDAR CHEESE SAUCE ON MACARONI

MEXICAN 20

HOMEMADE SPICY CHORIZO PATTIS, GOAT CHEESE, CRUSHED AVOCADO, SALSA, JALAPENO RELISH ON AN ENGLISH MUFFIN

MONTE CRISTO 20

SEASONED TURKEY BREAST, BACK BACON, SWISS CHEESE ON FRENCH TOAST

PEROGIE 18

A PILE OF HOMEMADE GF CHEDDAR PEROGIES WITH BACON BITS, WHITE ONION AND SOUR CREAM

SAVOURY 20

BACON BITS, HOMEMADE CHEDDAR CHEESE SAUCE ON A VANILLA FLAVOURED WAFFLE

SMOKED SALMON 21

SMOKED SALMON, CAPERS, PICKLED RED ONION, CREAM CHEESE ON AN ENGLISH MUFFIN

SPICY BIRD 20

SEASONED TURKEY BREAST, ROMA TOMATO, JALAPENO RELISH, SWISS CHEESE ON AN ENGLISH MUFFIN

TRADITIONAL 18

CANADIAN BACK BACON, MELTED CHEDDAR CHEESE ON AN ENGLISH MUFFIN **HALF ORDER 15**

WAFFLE CORDON BLEU 21

ROASTED CHICKEN BREAST, BACK BACON, SWISS CHEESE ON A VANILLA FLAVOURED WAFFLE

WAGYU BEEF 21

HOMEMADE CORNED WAGYU BRISKET, SWISS CHEESE AND BENNYS ISLAND SAUCE ON MARBLE RYE TOAST

BREAKFAST

EGGS COOKED HOW YOU LIKE

MARILYN MONROE 16

TWO EGGS, TWO MEATS AND TWO SIDES

BETTY BOOP 20

TWO EGGS, HOMEMADE GF CHEDDAR PEROGIES, BACON BITS, ONION, SOUR CREAM, INCLUDES TWO MEATS AND ONE SIDE

ELVIS PRESLEY 20

THREE EGGS, THREE MEATS AND TWO SIDES

MEATS

THICK SLICED BACON

HAM SLICES

CHORIZO SAUSAGE

CHICKEN & APRICOT SAUSAGES

VALBELLA PORK SAUSAGES

VALBELLA FARMER SAUSAGE

VALBELLA MUSHROOM AND RICE PATTI

***EXTRA MEATS AVAILABLE FOR +5 EACH**

SIDES

RED POTATO HASHBROWNS

TOAST

FRUIT CUP

YOGURT CUP

CREAMY COTTAGE CHEESE

CAMPFIRE BEANS

PICKLED BEETS

ROMA TOMATO SLICES

APPLE SAUCE

HOUSE SALAD (RANCH, ITALIAN, BALSAMIC, BENNY ISLAND)

***EXTRA SIDES AVAILABLE FOR +4 EACH**

UPGRADE OPTIONS

CRUSHED AVOCADO 4

BEET SALAD 6

HASH POUTINE 6

LATKES INFUSED WITH BACON AND ONION 7

PEROGIES WITH BACON BITS, ONION AND SOUR CREAM 9

MAC AND CHEESE 9

***UPGRADE SIDE SAVE 2**

OMELETTES

THREE EGG ROLLED OMELETTE, INCLUDES ONE SIDE

PHILLIPS 66 16

HAM, SEASONED MUSHROOM, MIXED CHEESE

TEXACO 17

CRUSHED AVOCADO, GOAT CHEESE, ROMA TOMATOES, SPINACH

JOHN DENVER 17

HAM, WHITE ONION, BELL PEPPER, MIXED CHEESE

GULF SUPREME 18

CHORIZO, BACON, HAM, MUSHROOM, BELL PEPPER, WHITE ONION, MIXED CHEESE

LUNCH

INCLUDES ONE SIDE

BENNY BURGER 21

8 OZ HOMEMADE BEEF PATTY, BACON, WAGYU BRISKET, CHEDDAR AND SWISS CHEESE, MUSHROOM, FRIED EGG, ROMA TOMATO, PICKLED RED ONION, SPRING MIX, PICKLE AND MAYONNAISE ON A SOFT PRETZEL BUN

ROUTE 66 BURGER 16

8 OZ HOMEMADE BEEF PATTY (OR SUB 6 OZ CHICKEN BREAST OR VEGGIE PATTY), CHEDDAR AND SWISS CHEESE, ROMA TOMATO, PICKLED RED ONION, SPRING MIX, PICKLE AND MAYONNAISE ON A SOFT PRETZEL BUN **ADD BACON +4**

WAGYU REUBEN 21

HOMEMADE CORNED WAGYU BRISKET, SAUERKRAUT, SWISS CHEESE AND BENNYS ISLAND SAUCE SERVED ON OVEN TOASTED MARBLE RYE WITH A PICKLE SPEAR

WAGYU BEEF DIP 21

SLOW COOKED WAGYU BEEF, SWISS CHEESE ON OVEN TOASTED SOURDOUGH WITH BENNYS GRAVY FOR DIPPING

BENNY CLUB 20

SEASONED TURKEY BREAST, BACON, CHEDDAR CHEESE, ROMA TOMATO, SPRING MIX, MAYONNAISE ON OVEN TOASTED SOURDOUGH OR MAKE IT A WRAP

BELTC 18

BACON, ROMA TOMATOES, FRIED EGGS, CHEDDAR CHEESE, SPRING MIX, AND MAYONNAISE ON OVEN TOASTED SOURDOUGH

BOWLS

BENNY BREAKFAST BOWL 20

CHORIZO, BACON, HAM, BELL PEPPER, MUSHROOM, WHITE ONION, SIGNATURE MELTED CHEDDAR TOPPED WITH TWO EGGS POACHED MEDIUM AND BENNYS HOLLANDAISE MADE ON RED POTATO HASHBROWNS

WAGYU BEEF BOWL 21

HOMEMADE CORNED WAGYU BRISKET AND PICKLED RED ONION TOPPED WITH TWO EGGS POACHED MEDIUM AND BENNYS HOLLANDAISE MADE ON RED POTATO HASHBROWNS

MACDADDY BOWL 20

CHEESY MACARONI TOPPED WITH CHORIZO, BACON, HAM, MUSHROOM, BELL PEPPER, WHITE ONION, TWO EGGS POACHED MEDIUM AND BENNYS HOLLANDAISE

POPEYE BOWL 19

A BED OF SPINACH TOPPED WITH CHORIZO, BACON, HAM, MUSHROOM, BELL PEPPER, WHITE ONION, MIXED CHEESE, TWO EGGS POACHED MEDIUM AND BENNYS HOLLANDAISE

BEET SALAD 18

SEASONED SLICED TURKEY BREAST, PICKLED BEETS, GOAT CHEESE, ROMA TOMATOES, SUGAR PECANS, SPRING MIX, HOMEMADE BALSAMIC VINAIGRETTE

STROGA-KNOCKOFF 21

SLOW COOKED WAGYU BEEF WITH CHEESY MACARONI, SEASONED MUSHROOM, TOPPED WITH TWO EGGS POACHED MEDIUM AND BENNYS HOLLANDAISE

SMALL BITES

SERVED A LA CARTE

MAC 'N CHEESE 9

THE CHEESEIEST MAC N CHEESE EVER

ADD REAL BACON BITS +3

CHICKEN STRIPS 8

BAKED, NOT DEEP FRIED, SERVED WITH PLUM SAUCE

BACON BUTTY 10

SOFT PRETZEL BUN PILED HIGH WITH THICK CUT BACON TOPPED WITH BROWN SAUCE **ADD FRIED EGG +2**

BREAKFAST WRAP 11

SCRAMBLED EGGS WITH CHORIZO, BACON, HAM, MUSHROOM, BELL PEPPER, WHITE ONION, BANANA PEPPER, SALSA AND MIXED CHEESE GRILLED IN A FLOUR TORTILLA **ADD SALSA OR SOUR CREAM +2**

LOX & BAGEL 13

SMOKED WEST COAST SALMON, CREAM CHEESE, PICKLED RED ONION AND CAPERS ON A TOASTED BAGEL

CHEESY QUESADILLA 10

SERVED WITH SIDE SALSA AND SOUR CREAM

POUTINES

BREAKFAST POUTINE 12

RED POTATO HASHBROWNS TOPPED WITH OUR SIGNATURE MELTED CHEDDAR, BACON BITS, TWO EGGS POACHED MEDIUM AND BENNYS HOLLANDAISE

HASH POUTINE 12

RED POTATO HASHBROWNS, CHEESE CURDS, BEEF GRAVY

PEROGIE POUTINE 13

HOMEMADE GF CHEDDAR PEROGIES WITH BACON BITS AND ONION, TOPPED WITH OUR SIGNATURE MELTED CHEDDAR AND TWO EGGS POACHED MEDIUM SERVED WITH SOUR CREAM

SWEET DELIGHTS

OUR SWEETS ARE HOMEMADE WITH WHIPPED CREAM, FRESH STRAWBERRIES AND DUSTED WITH CINNAMON SUGAR

ADD CHOCOLATE OR EXTRA BENNY SYRUP +1 ADD ICE CREAM +2

BENNY CAKES 12

FIVE VANILLA MINI CAKES

BLUEBERRY BENNY CAKES 12

FOUR VANILLA MINI CAKES STUFFED WITH BLUEBERRIES

FRENCH TOAST 12

TWO THICK SLICES OF VANILLA FLAVOURED BRIOCHE FRENCH TOAST

BENNY SIGNATURE WAFFLE 12

ONE VANILLA FLAVOURED WAFFLE

GLUTEN FREE SUBSTITUTIONS (NO CHARGE):

ENGLISH MUFFIN, TOAST, BAGEL, BURGER BUNS

TOAST: SOURDOUGH, MARBLE RYE, MULTIGRAIN, WHITE, RAISIN

TAG US ON SOCIAL FOR YOUR CHANCE TO WIN A GIFT CARD! #BENNYSBREAKFASTBAR

DRINK MENU

WATER SOLD IN CANS ONLY

ROK GLACIER WATER 75 CENTS
ROK SPARKLING WATER 3.5

BOTTLED POP 4
COKE, DIET COKE, SPRITE, GINGER ALE, ROOTBEER,
FANTA ORANGE, COKE ZERO, ICED TEA

BOTTLED JUICE 4
ORANGE, APPLE,
CRANBERRY, LEMONADE

MILK 4
WHITE MILK - 500ML TO-GO BOTTLE
CHOCOLATE MILK - 500ML TO-GO BOTTLE

MILKSHAKES 7
ADD A FLAVOUR +1 SPLIT IN TWO +3
CHOCOLATE, SWEET CHERRY, STRAWBERRY, VANILLA,
APPLE PIE, CANDY CANE, KOFFEE, RAZZBERRY

ICE CREAM FLOAT 7
COKE, ROOTBEER, ORANGE

COFFEE 3.5
BOTTOMLESS, LOCALLY ROASTED, ORGANIC
COSTA RICAN FREE TRADE COFFEE

STEVEN SMITH TEA 3.5
EARL GREY, BLACK, GREEN,
MINT, CHAMOMILE, CHAI
EXTRA TEA BAG 1.5

ICED COFFEE 6
STARBUCKS VANILLA DOUBLE SHOT
SERVED IN A CAN

SPECIALTY COFFEES 4
LATTE, CAPPUCCINO, FRENCH VANILLA CAPPUCCINO,
WHIPPED CREAM MOCHA

HOT CHOCOLATE 5
WITH WHIPPED CREAM AND CHOCOLATE SAUCE

ABOUT US

BENNYS WAS BORN FROM THE OWNER'S CHILDHOOD MEMORIES OF HIS FAMILY EATING AT THE LOCAL DRIVE-IN DINER AND WOOLWORTH LUNCH COUNTER. THOSE MEMORIES HAVE BEEN EVERLASTING. HIS GOAL WAS TO SHARE THESE MEMORIES WITH YOU, AND HELP CREATE NEW ONES FOR GENERATIONS TO COME. ENJOY A PIECE OF HISTORY WHILE MAKING MEMORIES OF YOUR OWN AS WE PREPARE OUR UNIQUE HOMEMADE FOOD FOR YOU. BENNYS IS INDEPENDENT, LOCALLY OWNED AND 100% ALBERTAN.

FAQ

Q: HOW LONG HAS BENNYS BEEN HERE?

A: WE OPENED DECEMBER 5, 2016

Q: WHAT WAS HERE BEFORE BENNYS?

A: THE BUILDING OPENED AS ROCKIN ROBBINS, THEN IT WAS A HUMPTYS AND NOW IT HOUSES THE INFAMOUS BENNYS

Q: WHERE DO YOU GET YOUR INGREDIENTS FROM?

A: WE BUY FROM AS MANY LOCAL SUPPLIERS AS POSSIBLE.

ASK US AND WE WILL TELL YOU WHERE IT'S FROM!

Q: WHERE DID YOU GET ALL THE MEMORABILIA FROM?

A: ANTIQUE STORES AND RANDOM FINDS, BUT MANY ITEMS HAVE BEEN DONATED BECAUSE PEOPLE WANTED OTHERS TO ENJOY THE HISTORY

Q: IS THERE ANOTHER BENNYS?

A: NOT YET BUT MAYBE ONE DAY! PERHAPS YOU'D BE INTERESTED?

Q: HOW CAN WE HELP SUPPORT YOUR BUSINESS?

A: LEAVE A REVIEW OR POST A PHOTO AND TAG US!

**PLEASE LIMIT YOUR TIME
BE KIND TO THE PEOPLE
WAITING FOR A TABLE.**

**PLEASE GIVE US A CHANCE TO
FIX ANY ISSUES IN-HOUSE.
WE ARE OPEN TO FEEDBACK!**

**WE ARE FAST, BUT WE ARE NOT
MAGICIANS. DELICIOUS FOOD
TAKES TIME TO MAKE.**